



**Shasta Mountaineering School
Standard Mt Shasta Summit Climb via Clear Creek over 3 days.**

This is the planned 3-day itinerary for the Standard Mt Shasta Summit Climb via the Clear Creek route. The itinerary and route is subject to change due to weather and route conditions.

Day 1: Gear Check, Hike In, Establish a High Camp and Snow Skills Instruction.

8am	<p>We will meet in Mount Shasta City at Shastice Park at 8am and your guide will conduct very thorough pack check and distribute group gear. Please arrive on time. It is recommended that you reserve your rental equipment ahead of time with the 5th Season and that you pick it up the night before because the 5th Season doesn't open until 9am. This will help make a smooth start to your trip. Please make sure to fill up your water while at the park, there is no running water at the trailhead.</p> <p>Address: Shastice Park 800 Rockfellow Drive Mt Shasta, California 96067</p>
11am	<p>We caravan to the Clear Creek trailhead at 6,500 feet for a trip briefing. Shasta Mountaineering School does not provide transportation, but everyone is encouraged to carpool because of the sometimes limited parking availability at the trailhead. There are bathrooms but no running water at the trailhead.</p> <p>We will then begin our hike on low angle slopes up to our high camp at 8,600 feet near a natural water source where we'll setup our camp for the next two nights. While we are hiking to our high camp, we will discuss snow travel techniques required for the use of crampons and ice axe.</p>
2pm	<p>We arrive at our high camp at 8,600 feet where we will setup our camp for the next two nights. Your guide will assist you with camp etiquette and how to establish a camp in the alpine environment.</p>
4pm	<p>The afternoon is spent relaxing at camp while your guide prepares dinner and continues to brief the group on the route and days ahead.</p>
7pm	<p>Everyone to bed by 7pm.</p>

Day 2: Summit Attempt.

2am	<p>Wake up time. Quick instant oatmeal breakfast and coffee and use the toilet. Final gear checks.</p>
-----	--

3am	Strict departure time of 3am. The goal is to depart no later than 1-hour after wake-up time. It is critical we stay on schedule.
11-12pm	Our goal is to summit by 11am, but there is some flexibility in our summit turnaround time due to the less objective hazard on the Clear Creek route.
3pm	Our goal is to be back at our high camp by 3pm for our final night on the mountain.
5pm	Your guide prepares dinner and early to bed for last night at our camp

Day 3: Final Day. Relaxed morning and hike out.

7am	Wake up and enjoy a hot cooked breakfast with coffee/tea. Pack down camp after breakfast.
9am	Leave our high camp to return to the trailhead.
12pm	The goal is to be back at the trailhead by 12pm.