



Shasta Mountaineering School

Standard Mt Shasta Summit Climb via the Hotlum-Bolam Ridge over 3 days.

This is the planned 3-day itinerary for the Hotlum/Bolam Ridge route out of the Northgate Trailhead. The itinerary and route is subject to change due to weather and route conditions.

Day 1: Gear check, drive to the Northgate Trailhead and hike In, and establish our high camp. This is a big day but it will put us in an advantageous position for our summit attempt on Day 2.

7am	<p>We will meet in Mount Shasta City at Shastice Park at 7am and your guide will conduct very thorough pack check and distribute group gear. Please arrive on time.</p> <p>It is recommended that you reserve your rental equipment ahead of time with the 5th Season and that you pick it up the night before because the 5th Season doesn't open until 9am. This will help make a smooth start to your trip. Please make sure to fill up your water while at the park, there is no running water at the trailhead.</p> <p>Address: Shastice Park 800 Rockfellow Drive Mt Shasta, California 96067</p>
9am	<p>We drive to the Northgate trailhead at 7,000 feet for a trip briefing, the crux of this part of the trip is actually getting there. The Forest Service road to the trailhead requires a high-clearance vehicle on unimproved non-paved road.</p> <p>Shasta Mountaineering School does not provide transportation, but everyone is encouraged to carpool because of the condition of the road. There are bathrooms but no running water at the trailhead.</p>
10am	<p>We begin our hike to our high camp which sits in a moraine at approximately 9,800 feet where we'll setup our camp for the next 2 nights. The hike is approximately 4 miles and 2,800 feet of elevation gain. This takes most groups about 5-6 hours. On our hike in, we will discuss snow skills and proper use of crampons and ice axe.</p>
4pm	<p>We arrive at our high camp at 9,800 feet where we will setup our camp for the next 2 nights. Your guide will assist you with camp etiquette and how to establish a camp in the alpine environment. The afternoon is spent relaxing at camp while your guide prepares dinner and continues to brief the group on the route and days ahead.</p>
8pm	<p>Everyone to bed by 8pm.</p>

Day 2: Summit Attempt and return to High Camp.

3am	Wake up time. Quick instant oatmeal breakfast and coffee and use the toilet. Final gear checks.
4am	Strict departure time of 4am. The goal is to depart no later than 1-hour after wake up time. It is critical we stay on schedule.
12pm	Our summit turnaround time is 12pm, but we have some flexibility here since we are returning to our high camp for the night. This gives us 8 hours to move 2 miles over approximately 4,400 feet of elevation gain from our high camp to the summit. We must move efficiently and meet requisite time objectives.
3pm	The goal is to be back at our high camp by no later than 3pm.
4pm	Your guide prepares dinner and early to bed.

Day 3: Final Day. Sleep In, Pack Up Camp, and Hike Out.

8am	Sleep in and enjoy the morning. Enjoy a hot cooked breakfast with coffee/tea. Pack down camp after breakfast.
10am	Begin our hike out to the Northgate trailhead.
1pm	The goal is to be back at the Northgate trailhead by no later than 1pm.