



**Shasta Mountaineering School
Accelerated Mt Shasta Summit Ski Descent via West Face over 2 days.**

This is the planned 2-day itinerary for the Accelerated Mt Shasta Summit Ski Descent via the West Face route. The itinerary and route is subject to change due to weather and route conditions. This trip is also offered as a private trip, which follows the same itinerary with one guide and one guest.

Day 1: Gear Check, Ski to Horse Camp, and Snow Skills Instruction.

8am	<p>We will meet in Mount Shasta City at Shastice Park at 8am and your guide will conduct very thorough pack check and distribute group gear. Please arrive on time. It is recommended that you reserve your rental equipment ahead of time with the 5th Season and that you pick it up the night before because the 5th Season doesn't open until 9am. This will help make a smooth start to your trip. Please make sure to fill up your water while at the park, there is no running water at the trailhead.</p> <p>Address: Shastice Park 800 Rockfellow Drive Mt Shasta, California 96067</p>
10am	<p>We drive to the Bunny Flat trailhead at 6,900 feet for a trip briefing. Shasta Mountaineering School does not provide transportation, but everyone is encouraged to carpool because of the sometimes-limited parking availability at the trailhead. There are bathrooms but no running water at the trailhead.</p> <p>We begin our ski in and establish our camp for the night at Horse Camp at approximately 7,900 feet. The average time for most groups from the Bunny Flat Trailhead to Horse Camp on skis is about 1-hour.</p> <p>Address: Bunny Flat Trailhead Everitt Memorial Hwy, McCloud, CA 96057</p>
11am	<p>We arrive at Horse Camp at 7,900 feet where we will setup our camp for the night. Your guide will assist you with camp etiquette and how to establish a camp in the alpine environment.</p>
1pm	<p>The afternoon is spent going on a short ski tour. Your guide will teach a snow skills instructional session. We will practice different techniques for walking on snow with an ice axe and crampons. The group will be briefed on what to expect for our summit attempt the following morning. Everyone should prepare their summit equipment for the following morning's early start.</p>
5pm	<p>Your guide prepares dinner and continues to brief the group on the route, and tomorrow's summit attempt.</p>
7pm	<p>Everyone to bed by 7pm.</p>

Day 2: Summit Attempt, Ski the West Face, and Final Day.

1am	Wake up time. Quick instant oatmeal breakfast and coffee and use the toilet. Final gear checks.
2am	Strict departure time of 2am. The goal is to depart no later than 1-hour after wake up time.
11am	Our summit turn around time is 11am, most groups summit around 10am. This gives us 9 hours to move 5 miles over approximately 6,300 feet of elevation gain from Horse Camp to the summit via the Avalanche Gulch route. We must move efficiently and meet perquisite time objectives. This is to avoid hazards such as rock fall, fatigue, and afternoon convective storms.
12pm	We make our way from the summit to the top of the West Face where we clip into our skis and ski 6,000 feet of corn snow back to our tents at Horse Camp. We'll collect our camp and continue to the Bunny Flat trailhead.
3pm	The goal is to be back at the trailhead by no later than 3pm. For safety reasons, it is recommended not to plan a long drive home this same evening.